

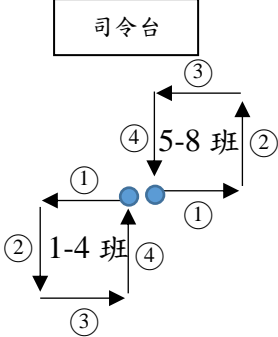

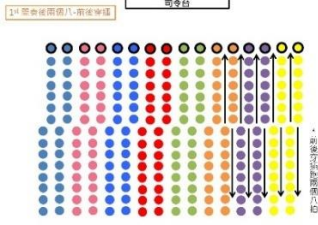
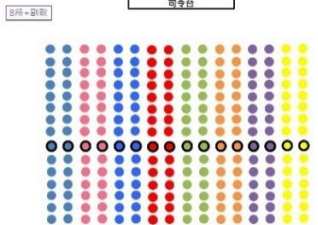
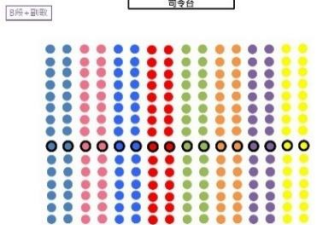
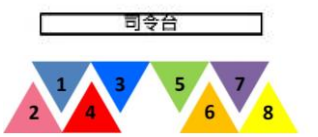
105-1 五年級校慶表演架構表

主題：

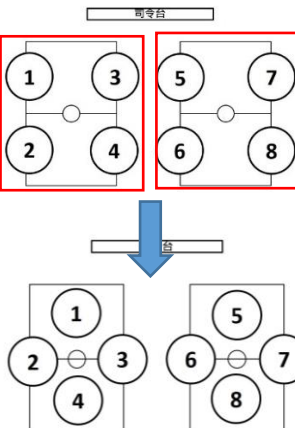
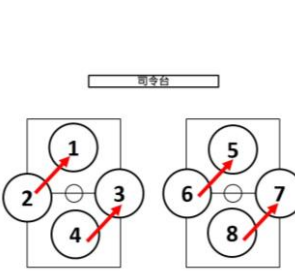
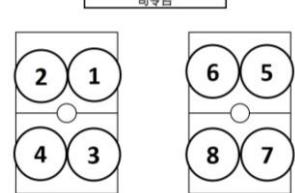
音樂：卓文萱-啾咪啾咪 (3:18)

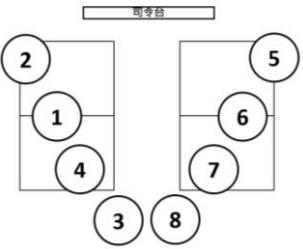
Ricky Martin-The Cup of Life (4:29)

音樂	段落	音樂/歌詞	動作名稱	動作說明	隊形圖解說明
無		進場	小跑步	<ul style="list-style-type: none"> • 面向司令台由左至右從一班排到八班。 • 每班兩排，共 16 排。 • 氣球傘先擺放最後面。 	
啾咪啾咪	前奏	前奏 4*8	手插腰、踮腳		
	A 段	蝴蝶在飛 天花亂墜 2*8	千手觀音 1*8 收手+跨大步 1*8	<ul style="list-style-type: none"> • 千手觀音 第 1 人：手插腰、搖頭 第 2~4 人：手下 45 度 第 5~7 人：手 180 度平 第 8~10 人：手上 45 度 第 10 人後：手向上伸直 • 跨大步 1~4 班：向左跨大步 5~8 班：向右跨大步 	
		眼冒金星 停止呼吸 1*8 的確確 我在暈眩 1*8	舞蹈動作同影片		
	B 段	樂翻了天 心跳加倍 2*8 有夠甜蜜 意猶未盡 1*8 完美無缺 超級河蟹 1*8 兩個世界 因你我而交會 2*8 細細品味 享受愛情包圍 2*8	舞蹈動作同影片		
	副歌	啾咪啾咪啾咪啾 啾咪啾咪啾 咪啾 1*8 啾 Me 啾 Me 啾 Me 啾 Me 1*8 我毫無戒備 1*8 你可別浪費 1*8	舞蹈動作同影片	<ul style="list-style-type: none"> • 拍手 一拍拍一下，拍 3/4 圈（順序：上→右平→下→左平） 	
		啾咪啾咪啾咪啾 啾咪啾咪啾 咪啾 1*8 啾 Me 啾 Me 啾 Me 啾 Me 1*8 看我嘟嘟嘴 1*8 你還不嘟嘟嘴 1*8	舞蹈動作同影片		
第一次換	1 st 間奏 4*8	螃蟹走方塊 2*8	<ul style="list-style-type: none"> • 用走螃蟹步的方式變化隊形。 • 整體隊形變換：向外分開→前後岔開→向 		

<p>隊形</p>			<p>內合併→前後回正。</p> <ul style="list-style-type: none"> • 1-4 班： ①往左→②往後→③往右→④往前 • 5-8 班： ①往右→②往前→③往左→④往後 	
		<p>前後穿插跑 $2*8$</p>	<ul style="list-style-type: none"> • 全部人分為前後兩半，前半部的人轉身往後跑，後半部的人直接往前跑，營造穿插的效果。 • 穿插跑共兩個八拍，跑完後的隊形呈現原本前半部的人和後半部的人前後位置交換。 	
<p>B 段</p>	<p>打雷閃電 轟轟烈烈 $2*8$ 通體舒暢 盪氣迴腸 $1*8$ 不只陶醉 活像爛醉 $1*8$ 兩個世界 因你我而交會 $2*8$ 細細品味 享受愛情包圍 $2*8$</p>	<p>舞蹈動作同影片</p>		
<p>副歌</p>	<p>啾咪啾咪啾咪啾 啾咪啾咪啾 啾咪 $1*8$ 啾 Me 啾 Me 啾 Me 啾 Me $1*8$ 我毫無戒備 $1*8$ 你可別浪費 $1*8$ 啾咪啾咪啾咪啾 啾咪啾咪啾 啾咪 $1*8$ 啾 Me 啾 Me 啾 Me 啾 Me $1*8$ 看我嘟嘟嘴 $1*8$ 你還不嘟嘟嘴 $1*8$</p>	<p>舞蹈動作同影片</p>		
<p>第二次換</p>	<p>2nd 間奏 $4*8$</p>	<p>跑三角形 $4*8$</p>	<ul style="list-style-type: none"> • 各班跑成三角形，如右圖排列。 • 每班派四名傘兵跑去後面拿氣球傘。 	

	隊形				
	副歌	啾咪啾咪啾咪啾 啾咪啾咪啾 咪啾 $\boxed{1*8}$ 啾 Me 啾 Me 啾 Me 啾 Me $\boxed{1*8}$ 我毫無戒備 $\boxed{1*8}$ 你可別浪費 $\boxed{1*8}$ 啾咪啾咪啾咪啾 啾咪啾咪啾 咪啾 $\boxed{1*8}$ 啾 Me 啾 Me 啾 Me 啾 Me $\boxed{1*8}$ 看我嘟嘟嘴 $\boxed{1*8}$ 你還不嘟嘟嘴 $\boxed{1*8}$	舞蹈動作同影片	<ul style="list-style-type: none"> 前面的小朋友跳舞。 傘兵拿玩氣球傘後，往前跑到位置上，並打開氣球傘。 	
無	8	呼口號	市大附小， 啾咪啾咪！ 市大附小， 我們愛你！		
The Cup of Life	前奏	前奏 $\boxed{2*8}$	原地搖擺 $\boxed{2*8}$	<ul style="list-style-type: none"> 小朋友在原地搖擺 solo。 傘兵拿著氣球傘不動。 	
	間奏	Go, go, go (Go, go, go) $\boxed{1*8}$ Ale, ale, ale (Ale, ale, ale) $\boxed{1*8}$ Go (Go) Go (Go) $\boxed{1*8}$ Go (Go) Go (Go) Here we go! $\boxed{1*8}$ +間奏 $\boxed{4*8}$	換隊形 $\boxed{8*8}$	<ul style="list-style-type: none"> 1.3.5.7 班氣球傘四位標兵往前動拉開傘，小朋友往前(順或逆)移動成圈 2.4.6.8 班氣球傘四位標兵往後動拉開氣球傘，小朋友往後跑成圈。 	
	A 段	The cup of life This is the one $\boxed{1*8}$ Now It's the time Don't ever stop $\boxed{1*8}$ Push it along Gotta be strong $\boxed{1*8}$ Push it along Right to the top $\boxed{1*8}$	海浪 $\boxed{4*8}$ 4 中 4 低 4 中 4 高 4 中 4 低 8 中	<ul style="list-style-type: none"> 各班小朋友手持氣球傘，跟著節拍用力(或輕輕)抖動氣球傘。 	
B 段	The feeling in your soul Is gonna take control $\boxed{1*8}$ Nothing can hold you back if you really want it $\boxed{1*8}$ I see it in your eyes, you want the cup of life $\boxed{1*8}$ Now that the day is here, we gotta go and get it $\boxed{1*8}$ Do you really want it? (yeah!) $\boxed{1*8}$ Do you really want it? (yeah!) $\boxed{1*8}$	旋轉平盤 $\boxed{4*8}$ 順 16 逆 16 大海浪 $\boxed{1*8}$			

副歌	<p>Here we go! Ale, Ale, Ale $\boxed{1*8}$ Go, go, go! Ale, Ale, Ale $\boxed{1*8}$ Tonight's the night We're gonna celebrate $\boxed{1*8}$ The cup of life, Ale, Ale, Ale $\boxed{1*8}$</p>	<p>蒙古包 $\boxed{4*8}$ 進4停8退4(*2)</p>	<ul style="list-style-type: none"> 將氣球傘舉高 (1'1234), 轉身入內將傘壓住 (1'5678-2'1234), 2'5678 回到原位。 	
間奏	<p>間奏 $\boxed{2*8}$</p>	<p>換隊形 $\boxed{2*8}$</p>	<ul style="list-style-type: none"> 1.2.3.4 班為一組順時針旋轉成菱形。 5.6.7.8 班為一組順時針旋轉成菱形。 	
A段	<p>The cup of life It's do or die $\boxed{1*8}$ It's here it's now Turn up the lights $\boxed{1*8}$ Push it along Then let it roll $\boxed{1*8}$ Push it along Go Go Go! $\boxed{1*8}$</p>	<p>水母 $\boxed{4*8}$ 4抖4拉高 2向前擠6還原 (*2次)</p>		
B段	<p>Then when you feel the heat The world is at your feet $\boxed{1*8}$ No one can hold you down if you really want it $\boxed{1*8}$ Just steal your destiny Right from the hands of fate $\boxed{1*8}$ Reach for the cup of life 'Cause your name is on it! $\boxed{1*8}$ Do you really want it? (yeah!) Do you really want it? (yeah!) $\boxed{1*8}$</p>	<p>旋轉高低盤 $\boxed{4*8}$ 順16逆16 大海浪 $\boxed{1*8}$</p>		
副歌 + 間奏	<p>Here we go! Ale, Ale, Ale $\boxed{1*8}$ Go, go, go! Ale, Ale, Ale $\boxed{1*8}$ Tonight's the night We're gonna celebrate $\boxed{1*8}$ The cup of life, Ale, Ale, Ale $\boxed{1*8}$</p> <p>+間奏 $\boxed{4*8}$</p>	<p>火車過山洞 $\boxed{8*8}$ 隊形+炸彈開花 二次 (車) 8集16穿8 還原 (洞) 8移16頂8 還原 ~換組做~</p>		
間奏	<p>間奏 $\boxed{2*8}$</p>	<p>換隊形 $\boxed{2*8}$</p>	<ul style="list-style-type: none"> 1.2.3.4 班為一組順時針旋轉成緊密方形。 5.6.7.8 班為一組逆時針旋轉成緊密方形。 	

A 段	<p>The cup of life This is the one $\boxed{1*8}$ Now It's the time Don't ever stop $\boxed{1*8}$ Push it along Gotta be strong $\boxed{1*8}$ Push it along Right to the top $\boxed{1*8}$</p>	<p>旋轉木馬 $\boxed{4*8}$ 內凹旋轉木馬</p>	<p>• 一人站在傘中（跟著旋轉）。</p>	
B 段	<p>The feeling in your soul is gonna take control $\boxed{1*8}$ Nothing can hold you back if you really want it $\boxed{1*8}$ I see it in your eyes You want the cup of life $\boxed{1*8}$ Now that the day is here, we gotta go and get it $\boxed{1*8}$ Do you really want it? (yeah!) Do you really want it? (yeah!) $\boxed{1*8}$ Do you really want it? (yeah!)+ 四拍音樂 $\boxed{1*8}$</p>	<p>自彈自接 $\boxed{6*8}$ 下拉+拉高</p>		
間 奏	<p>間奏 $\boxed{1*8}$</p>	<p>撿球回來</p>		
副 歌	<p>Here we go! Ale, Ale, Ale $\boxed{1*8}$ Go, go, go! Ale, Ale, Ale $\boxed{1*8}$ Tonight's the night We're gonna celebrate $\boxed{1*8}$ The cup of life, Ale, Ale, Ale $\boxed{1*8}$ Uno, dos, tres! Ole, Ole, Ole $\boxed{1*8}$ Un, deux, trois! Ale, Ale, Ale $\boxed{1*8}$ Tonight's the night We're gonna celebrate $\boxed{1*8}$ The cup of life, Ale, Ale, Ale $\boxed{1*8}$</p>	<p>地鼠蒙古包 $\boxed{8*8}$</p>		
間 奏	<p>間奏 $\boxed{2*8}$</p>	<p>換隊形 $\boxed{2*8}$</p>		
結 尾	<p>Ale, ale (Ale, ale) Ale, ale (Ale, ale) $\boxed{1*8}$ Ale, ale (Ale, ale) Ale, ale, ale! $\boxed{1*8}$ Ale, ale (Ale, ale) Ale, ale (Ale, ale) $\boxed{1*8}$ Ale, ale (Ale, ale) Ale, ale, ale! $\boxed{1*8}$ +結尾 $\boxed{1*8}$</p>	<p>波浪舞 $\boxed{5*8}$ 2拍/班；2拍/2 班</p>		
無	<p>呼口號</p>	<p>市大附小， 勢在必得！</p>		

			市大附小， 活力四射！ 市大附小， 生日快樂！		
無		退場	小跑步	1234→大王椰子樹前 5678→籃球場前跑道	